

## **Endurance Workshop in Helsinki, Finland**

The Workshop will provide a great opportunity for organizers and officials to discuss and exchange ideas for organizing endurance shows.

This is an excellent occasion to network with other professionals and gain valuable tips for future events.

Dates	1112.7.2025
Location	Helsinki, Finland – Sokos Hotel Tripla
Registrations	minttu.kuusisto@ratsastus.fi at the latest 15.6.2025 - Finnish participants through KIPA
Contact	For any questions, please contact: minttu.kuusisto@ratsastus.fi
Lecturers	Christian Lozano  - FEI endurance judge level 4  - FEI steward level 4  - FEI Technical delegate level 4  Michel Payan  - FEI Endurance Veterinary level 4
Prize	70 euros, includes coffee and snacks both days
Payments to	The Equestrian Federation of Finland, will send invoice to foreign participant.  For the invoice, we need the following information  - participant name, address, email  - if payer is NF or Company; payers name, address, email

## Workshop Day 1, Friday 11.7.

09:00 - 12:00	FEI Officials	
	- gathering for FEI Officials	
13:00 -	Registration & Welcome	
	How to plan a competition:	
	- how to form the Organizing Committee; roles, responsibilities &	Christian
	delegation	Lozano
	- schedule	Lozano
	- rules and regulations	
	<ul> <li>what to do and when; timeline -&gt; before, during, after</li> </ul>	
	How to plan a vanue & logistics	
	How to plan a venue & logistics: - stables	
	- vet gates	
	- loops	
	- start and finish	
	<ul> <li>timing and competition office</li> </ul>	
	<ul> <li>transport, accommodation, catering</li> </ul>	
	Coffee break	
	How to get the competition run smooth	
	- internal communication	
	<ul> <li>external communication; riders, media, communities</li> <li>how to attract local partners</li> </ul>	
	- How to attract local partitiers	
	Sponsorship proposals	
- 18:00		

## Workshop Day 2, Saturday 12.7.

09:00 -	Event Management	Christian Lozano
	<ul> <li>post-event steps; feedback collections, financial reconciliation</li> <li>Horse welfare         <ul> <li>the role of vets in endurance competition</li> <li>metabolic monitoring; recognizing exhaustion, dehydration</li> <li>case studies of vet gate assessments</li> <li>doping and prohibited substances</li> </ul> </li> </ul>	Michel Payan
	Coffee break  Q&A and conclusion of the workshop	
- 15:00	·	

Accommodation	Sokos Hotel Tripla - located within a shopping centre <a href="https://www.sokoshotels.fi/en/hotels/helsinki/original-sokos-hotel-tripla">https://www.sokoshotels.fi/en/hotels/helsinki/original-sokos-hotel-tripla</a>
	<ul> <li>Fredikanterassi 1 B, 00520 Helsinki</li> <li>tripla.helsinki@sokoshotels.fi</li> <li>tel. +358 20 1234 611</li> </ul>
How to get to Tripla	<ul> <li>trains from Helsinki-Vantaa Airport to Pasila station, approx. 20 min</li> <li>trains from Helsinki Central station to Pasila station, 5 min</li> <li>all trains will stop at Pasila station</li> </ul>

## Welcome to Helsinki!

